

The Splash

Home of the Penguins

Volume 1, Issue 4
September 2013

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Family Fun Club's Upcoming Events

September 13th at 7:00pm
Bingo & Night Swim
October 19th
10:00am to 1:00pm
Halloween Carnival

Pool Hours

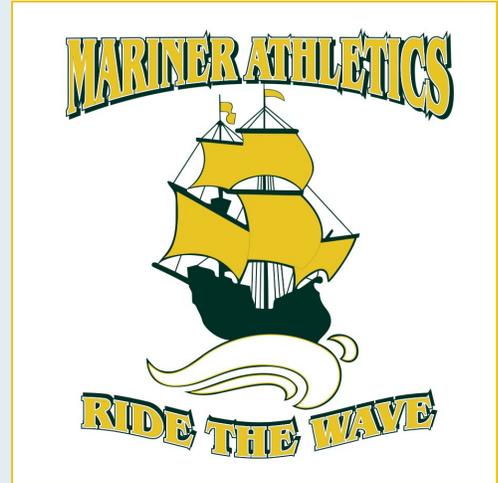
Weekends
1:00pm to 6:00pm
Weekdays
Closed

As the end of the season approaches, we wanted to stop and thank our lifeguards for their tireless work in making Southgate the wonderful pool it is. Our lifeguards work never ends with their first priority maintaining a watchful eye on all the swimmers in the pool. A lot of members don't realize they are also responsible for taking out the garbage, cleaning the bathrooms, and maintaining the grounds. The lifeguards also accommodate the constant demands from members and guests at the pool. The lifeguards were able to let loose and have an overnight sleep over at the pool (with chaperones). They played good old fashioned games of minnows and sharks and musical chairs. For appreciation of all their hard work, the next morning the board members prepared a delicious breakfast for them and thanked them for a job well done.



Welcome Back Moreau

Southgate Swim club would like to welcome back Moreau Catholic High School. As many of you know, the Moreau Mariners Swim Team practiced at Southgate this year. Also, the Moreau Booster Club gave a generous donation to the club for the purchase of new pool covers. Now we are blessed to have the new Moreau Mariners Water Polo Team practice with us. If you see them at the pool, be sure to welcome them back!



Pool Safety

There have been a few incidents at the pool in regards to safety. Southgate would like to remind our members of a few rules.

- * If your child cannot pass the swim test, you need to stay within arm's reach of them. Do not leave them unattended in or around the pool. If the life guard on duty feels that your child needs supervision in the pool you will be asked to be in the pool with your child. If you are unable to be in the pool, your child will not be allowed to swim.
- * If a child is not potty trained they will need to wear a swimmers diaper. If you do not have one you can purchase one in the office. The pool needs to be closed anywhere from 12 to 48 hours when an accident happens. Please remind your child (all ages) to use the bathroom during the fifteen minute adult swim break.
- * No running at Southgate around the pool. The cement is very slippery when wet.

Please note, at the discretion of the Lifeguards, should anyone break the rules (adult or child) the lifeguards have the authority to have the individual sit out of the pool for a given amount of time.

For a complete list of the rules and regulations, please visit our website at www.southgateswimclub.org.

Family Fun Club

Our last movie night of the season! Despicable Me was a huge hit back in 2010 and proved yet again it is loved by the young and old. Our members and community snuggled in for a relaxing night under the stars to watch the talents of Steve Carell playing the criminal mastermind Gru; Jason Segel playing Gru's arch nemesis Vector; and the award winning actress, Julie Andrews playing Gru's mom. The minions made us laugh, cry and fall in love with each and every one of them. In the



end, Gru faced his biggest challenge and became the best dad to Margo, Edith and Agnes. If they lived in the Hayward Community, I am sure they would be members of the Southgate Swim Club :)

Don't worry, the fun is not over. We still have one more bingo night planned. The Family Fun Club would love for everyone to join us on Friday, September 13th at 7:00pm. The cost is \$5.00 per card (12 games) and \$3.00 for night swim. Bring a friend who is not a member of Southgate and receive a free bingo card.

S.H.A.R.E. Cards Available

Help raise money for the club! Shop at FoodMaxx, Lucky's or SaveMart, swipe your SHARE card at checkout and 3% of your purchase goes to the Swim Club AT NO ADDITIONAL COST TO YOU. SHARE cards are available at the Club. Contact Paige Adza at Paige@southgateswimclub.org for more information.

Southgate Swim Club would like to thank the Ornelas Family for their generous donations. They donated new outside garbage cans. THANK YOU!!!!

Welcome To Southgate

Southgate Swim Club would like to welcome the Martin Garcia Family!

New Club Hours

Southgate will be closed weekdays and open on the weekends from 1:00 to 6:00

Southgate plans to stay open weekends only until mid to late October (weather permitting). We will notify you of the closing dates as it get closer to October.



Southgate Swim Club Spooktastic Carnival & Costume Contest!

I'm Emily Ford and I'm from Troop 31401. I'm doing this event for my Silver Award (highest award given to a Girl Scout Cadette). Please come and enjoy Southgate Swim Club's "Spooktastic Carnival & Costume Contest". There will be creative games, delicious food and a lot of fun for the whole family. All money will be donated to the Southgate Swim Club for pool renovations including new roof and bathrooms.

WHEN: October 19th, 2013 @ 10:00 a.m.-1:00 p.m.

WHERE: Southgate Swim Club 24900 Magnolia St, Hayward, CA

VOLUNTEERS & DONATIONS NEEDED

 I am looking for families to sponsor and create a carnival booth game. Each family to choose a game from the master carnival game list, bring entire game, decorate (optional) their area (about the size of an E-Z up) and run the game booth for the event.

Prizes will be provided by Emily Ford.

There will be an award for the best game booth.

 Not interested in sponsoring a booth. I would very much appreciate money donations to go towards the prizes and the food.

 If you are interested in helping or donating please email me at emilysliver2013@yahoo.com by September 15th

Thanks for your help!



The Penguin Press Page



Southgate Penguins 2013 Awards Banquet
September 28



More details will be sent by email soon!



Board Position Opening

The position of Secretary for the Southgate Penguin Board is open. If you are interested in filling this spot, please email Robert DiNatale at president@southgatepenguins.org no later than September 14. After that time, we will announce those who are interested in running and provide more information about how the votes will be collected.

Southgate Penguins

World Famous Egg Casserole

1 lb. sage sausage, bacon or ham
8 eggs
 $\frac{1}{2}$ tsp dry mustard powder or 1 tsp prepared mustard
1 green bell pepper, diced
 $\frac{1}{2}$ tsp salt
 $\frac{1}{2}$ tsp black pepper
1 $\frac{1}{2}$ cup small curd cottage cheese
1 cup shredded swiss cheese
1 cup shredded cheddar cheese. Sharp is best
4 cups frozen shredded hash browns
 $\frac{1}{2}$ cup of your favorite vegetables; steamed broccoli, onions, mushrooms (optional)

In a saucepan brown meat. Drain well.

In a large bowl combine eggs, mustard, green pepper, salt pepper and cottage cheese. Mix until eggs are slightly beaten. Add cheeses and hash browns. Mix well.

Add meat and vegetables

Pour into a greased 9x13 baking dish.

Bake uncovered at 350 for 35 to 40 minutes or until center is well set and edges are browned.

Let sit for 10 minutes before cutting.

Serves 8

Casserole can be made the night before and kept in the fridge.

Add an additional 10 to 15 minutes to the baking time.

Bake in muffin tins to make individual casseroles that are perfect for brunch. Decrease cooking time to 25 to 35 minutes.

By Darlene Gantz

*"I can't control what everyone else swims but if all goes well I know there are no limits."
Leisl Jones*

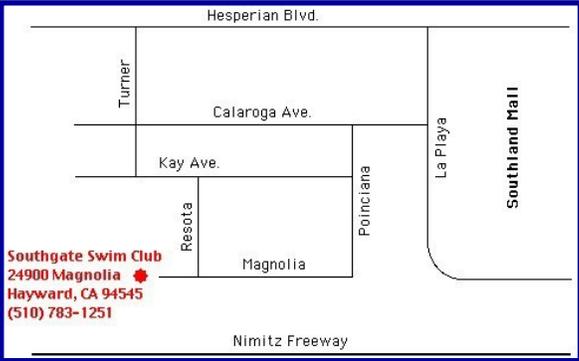
Please mail all membership payments to Lisa Johnson at P.O. Box 138, Mt. Eden, CA 94557. For any questions, please call at (510) 783-1305 or email at lisa@southgateswimclub.org

Next Board Meeting October 1st at 7:00pm at the Public Works Building on Kay and Turner

Visit us at WWW.southgateswimclub.org

It's kind of fun to do the impossible.
Walt Disney

Board of Directors	
President	Tracy Diaz
Vice President	Vacant (filling in, Karen DiNatale)
Secretary	Pam Laase Joanna Houghtelling
Treasurer	Crystal Brauns
Membership	Lisa Johnson
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Fundraising	Sheryl Hallinan Andrea Ford
Pool Rental	Paige Adza
Swim Team	Robert DiNatale



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\$20.00 for the rest of 2013
\$5.00 for one time advertisement or personal message
For more information contact Andrea Ford at ajjeford@yahoo.com

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